



# Wellthy Rewards

## 2026



Wellthy Rewards is a wellness-focused incentive program offered through the County of Ventura Wellness Program. Eligible County employees can complete various activities approved by the Wellness Program throughout the year to earn points in order to receive cash awards.

### Eligibility

Regular County employees who receive a bi-weekly Flexible Credit or Opt-Out Allowance are eligible to earn Wellthy Rewards points and receive cash awards. In addition, you must receive a paycheck on October 30, 2026, to be eligible to receive a cash award.

### Participation

- Complete qualifying Wellness Program activities during the program period January 1, 2026, through August 31, 2026, to earn the associated points.
- Various activities will be offered throughout the program period and will be communicated through the Wellness Program emails, monthly email digest, and website.
- There is no formal registration process for participating in Wellthy Rewards. Simply complete Wellthy Rewards activities to earn the associated points. Your points will automatically be tracked, and you will receive bimonthly emails with your points total.

### Cash Awards

There are three cash award amounts based on the points status achieved. Cash awards are limited to the first 1300 eligible employees, are considered taxable income, and will be included on the October 30, 2026, paycheck. First-time cash award earners will receive a \$50 bonus added to their award.



The first 300 eligible employees to reach Gold status will receive \$300.

The next 250 eligible employees to reach Gold or Silver status will receive \$200.

The next 550 eligible employees to reach Gold, Silver, or Bronze status will receive \$100.



Look for the Wellthy Rewards logo to know which activities earn you points!

### Wellthy Rewards Activities and Points

Not all activities offered by the Wellness Program have associated points for Wellthy Rewards. Activities that count towards Wellthy Rewards will be clearly marked with points values and/or the Wellthy Rewards logo.

Activity	Points
Biometric screening or personal doctor physical (1 per year)	50
Health risk assessment (1 per year)	50
<i>Be Well</i> Million Step March	50
<i>Be Well</i> Healthy Holidays	10
<i>Be Well</i> Daily Stride	10
<i>Be Well</i> Team Competition	10
<i>Be Well</i> Step It Up Week	40
<i>Be Well</i> Golden Sneaker Competition	20
Online health education courses	5 each
Hikes	10 each
Other activities added by the Wellness Program	As marked

### Additional Information

- If you are unable to participate in a Wellthy Rewards activity for medical reasons, you may be entitled to a reasonable accommodation or alternative standard. For assistance, please contact the Wellness Program.
- If you believe your points are inaccurate at the conclusion of the program period, there will be an appeals period from September 1, 2026, through September 30, 2026. To submit an appeal, please contact the Wellness Program.

For questions or issues, please contact the Wellness Program  
at [wellness.program@ventura.org](mailto:wellness.program@ventura.org) or 805-654-2628



# Wellthy Rewards Activities

## 2026

Not all activities offered by the Wellness Program have associated Wellthy Rewards points. Activities that count towards Wellthy Rewards will be clearly marked with points values and/or the Wellthy Rewards Logo. This list may be changed throughout the year, keep an eye out for updates via email.

For any questions or issues, please contact the Wellness Program at [wellness.program@venturacounty.gov](mailto:wellness.program@venturacounty.gov) or 805-654-2628

### 50 Points

#### **Biometric Screening or Dr Physical**

*January 1 - August 31*

Complete a biometric screening (At-home kit, at Quest Center, onsite screening, or with your Doctor). Visit our website for more details.

### 50 Points

#### **Health Risk Assessment**

*January 1 - August 31*

Complete the Health Risk Assessment on the Quest Portal.

### **Be Well Activity Challenges**

This is a list of the first and ongoing 2026 challenges. Keep a look out for more challenges announced throughout the year.

#### **Million Step March** *January 1 - August 31*

#### **Up to 50 Points**

Earn 5 points every 200,000 steps up to 2,000,000. Activity converted steps are limited to 750,000 steps for the duration of the challenge.

#### **Step It Up Week** *January - August*

#### **Up to 40 Points**

During the last full week of each month, earn a point for each day you complete 5,000 steps or more! We will be raffling off some cool wellness prizes each month.

#### **Daily Stride** *February 9 - March 2*

#### **10 Points**

Steps focused challenge! Converted activities are capped at 50,000 steps, unless special accommodation is requested. Earn a point for every 10,000 steps, up to 100,000 steps.

**Online Health Education****Up to 60**

Every month, a new course will be available through Vector Solutions, our online learning platform. Each course is self-assigned and self-paced, with a quiz at the end to assess your understanding of the material.

**"Ask Fidelity" Webinars****Up to 20**

In partnership with Deferred Compensation - learn more about your financial health and plans for the future! Earn 5 points for each webinar attended, with a maximum of 20 points.

**Coporate Games Participation/  
Coordinator/Spectator****Up to 50**

*March - April 2026*

**Volunteer Work****Up to 40**

*TBD*

**Softball Coordinator/Participant****Up to 20**

*October*

**The Appreciation Project****Up to 40**

*Through June 30*

**Wellness Program Survey****10**

*January 1 - August 31*

**Book Club****Up to 20**

*TBD*