

**Wellness Program Health Club Discount List for 2025**

Facility	Address	Details about facility	Discount for County of Ventura employee/spouse/dependent
10th Planet Jiu Jitsu Ventura	1540 E. Main St., Ventura, CA 93001	Beginner friendly Exclusively no-GI Classes 7 days/week	Discounted rate of \$185 (vs. \$215 regular cost)
Anytime Fitness Camarillo	5221 Mission Oaks Blvd., Camarillo, CA 93012	24/7/365 access No crowds Clean and sanitized facility Certified personal trainers Wide variety of cardio machine, resistance training machines, free weights, HIIT training equipment	\$1 sign up
Anytime Fitness Ventura	2950 Johnson Dr., Ventura, CA 93003	Open 24 hours a day/7 days a week Full cardio: treadmills, stepmills, ellipticals and stationary bikes Full weight room with deadlift platforms Machine weights Group class room Tanning bed Private bathrooms Access to over 6000 gyms worldwide Personal training and small group training Free classes	No enrollment fee 20% off agreement
BeachSide CrossFit	2646 Palma Dr., Suite 310, Ventura, CA 93003	BeachSide CrossFit is a place of a close community where the member becomes the hero and their goals become our goals. We are tasted with the highest mission of providing an instrument for the most important piece of a person's life, their health, and fitness. The BeachSide CrossFit experience is one that surpasses the initial desires of our members. We pledge to provide the best hour experience with superb coaching and immaculate CrossFit facility for our members who will always find a positive, fun, and effective atmosphere encompassed by a close community.	15% off private training sessions 10% off monthly CrossFit unlimited membership
Bodhi Salt Yoga	175 S. Ventura Ave., Suite 103B, Ventura, CA 93001	Both a sanctuary and a community, Bodhi Salt Yoga is here to promote health, healing, and connection. Yogis of all ability and experience are welcome here. Our practice is grounded in caring for our own body and spirit so we may be fully present for others with kindness, love, and joy. Bodhi Salt Yoga offers 40+ classes a week - heated and unheated. The classes range from power yoga to restorative classes. Power and vinyasa yoga classes build strength, stamina, and flexibility while calming our minds. Our restorative classes will calm the nervous system - promoting relaxation that will help destress the body and leaving you feeling centered and rejuvenated. Amenities include tea station and locker rooms with showers.	\$20 off monthly unlimited or \$129/month for unlimited yoga
Club Pilates	4020 E. Main St., #B-1-2, Ventura, CA 93003  2786 Seaglass Way, Oxnard, CA 93036	Pilates is for everyBODY and it's perfect for people of all ages and fitness levels. Pilates provides wellness, year-round. Do Pilates to enhance flexibility, strength, and mental well-being, ensuring a balanced foundation for health in every season.  You can expect: Top-of-the-line equipment 10+ different apparatus and accessories Small group classes of 12 or less Programs to help you reach your goals Clean, welcoming environment Supportive community and staff	\$0 enrollment 10% off monthly rate of 8-pack or unlimited membership packages
CrossFit Code 4	930 Flynn Rd., Suite I, Camarillo, CA 93012	CrossFit facility offering traditional CrossFit workouts (WODs) the way CrossFit intended them to be. Daily workout programs are constant to help you keep tabs of progress, but can be scaled through load and intensity to fit your needs and skills.	\$140 month-to-month rate

CrossFit Ventura	6255 Inez St., Unit 6 & 7	CrossFit facility group classes all day long. Private training, Olympic weightlifting, and 24/7 access available.	50% off onboarding costs 10% ongoing monthly discount for CrossFit memberships
Crunch Fitness Simi Valley	2655 Erringer Rd., Simi Valley, CA 93065	Two-floor indoor gym Outdoor gym with 50-yard turf field 15+ group fitness classes Junior Olympic-size six-lane heated swimming pool Miles of cardio Platform room Dry saunas for both men and women Outdoor basketball court Complimentary training session with our head fitness coach	Enrollment fee \$0 Processing fee \$0 Annual fee \$39.99 (due after 60 days)  Peak Results Access \$24.99/month Peak \$17.99/month (Access to franchise locations nation-wide does not include select or signature)
EA Fitness	4209 Tierra Rejada Rd., Moorpark, CA 93021	7,000 square foot facility Private showers Complimentary towel service Complimentary stretch classes Private training Private Pilates instruction	10% discount 1 month free qith purchase of standard membership
F45 Training	1150 Callens Rd., Ventura, CA 93003  678 Ponderosa Dr., Camarillo, CA 93010  820 Thousand Oaks Blvd., Thousand Oaks, CA 91360	F45 Training is functional fitness for all levels. F45 Training is a global fitness community specializing in high-intensity interval training (HIIT), functional strength, and cardio workouts. Designed to challenge and inspire, each 45-minutes session combines innovative exercises with the energy of group fitness to deliver maximum results in minimal time, led by experienced trainers.	10% discount off any membership option Free 5-day pass (new to F45): Use promo code 5FORFREE at <a href="https://www.f45venturacounty.com/">https://www.f45venturacounty.com/</a>
FitZone	4756 Telephone Rd., Suite 3, Ventura, CA 93003	FitZone is the perfect place for beginners looking to lose weight, gain strength, and boost energy - all while having fun in a supportive group setting! Our welcoming community is designed with busy people in mind, offering over 40 class times to choose from per week to fit your schedule. Most of our members are 40+ and are just starting or getting back on their fitness journey, so you'll feel right at home.	10% discount on all membership options
Knuckleheadz Boxing	3029 E. Main St., Ventura, CA 93003	We offer boxing training and classes to adults and youth. Total beginners to professional fighters are welcome at Knuckleheadz Boxing. Adult boxing classes 6 days a week. Functional strength training 2 times a week. Yoga once a week. Open gym hours 6 days a week.	Unlimited adult boxing \$160/month All access \$180/month Fight club (open gym) \$90/month To purchase discount membership, call 805-676-0133, text 805-515-3493, or email <a href="mailto:knuckleheadzboxing@gmail.com">knuckleheadzboxing@gmail.com</a>
Misfit Pilates	718 Los Angeles Ave., Suite B1, Moorpark, CA 93021	Class sizes are small, only four people, so you get the beauty of a semi-private session for the price of a group class. Our experienced Balanced Body certified Pilates instructors will guide you through a discussion around your injuries, past surgeries, and goals. We'll tailor the workout session to meet you where you're at, and push you to where you want to be. You'll be working out on the best equipment in the game made by Balanced Body and customized by the studio owner.	4 classes per month membership \$125 8 classes per month membership \$225 12 classes per month membership \$325 Unlimited classes per month membership \$400
My Gym Ventura	4255 E. Main St., Suite 1, Ventura, CA 93003	Whether you'r elooking for a fantastic parent and me program or a high-energy class for big kids, you've come to the right place! My Gym offers classes starting at 3 months up to age 10 with mommy and me classes, gymnastics, ninja, dance, and more. Private birthday parties, camps, and special events, too.	10% off regular rate for recurring enrollment of unlimited enrollment No membership fees, no commitment, cancel recurring billing at any time
Oxnard MVMNT	3000 Paseo Mercado, #110, Oxnard, CA 93036	CrossFit facility group classes all day long. Private training, Olympic weightlifting, and 24/7 access available.	50% off onboarding costs 10% ongoing monthly discount for CrossFit memberships

Pierpont Racquet Club	500 Sanjon Rd., Ventura, CA 93001	Full membership includes: Indoor and outdoor pool Jacuzzis Sauna Lighted tennis courts Pickleball courts and machine access Group exercise classes: Pilates, yoga, aqua classes, Tai Chi, and spin on the upper deck Fitness facilities: cardio machines, strength machines, and free weights Additional services: private and group swim and tennis instruction (fees apply) Health club membership includes all of the above, excluding tennis courts and pickleball access Childcare services available for members during specified hours (fees apply)	Reduced joining fee of \$200 (regular \$600-1,150) Membership fees vary depending on membership selected
Studio Flex45	1150 Callens Rd., Suite A., Ventura, CA 93003	Studio Flex 45 offers low-impact workouts, yoga, stretch, and spin classes. Our recovery room offer infrared sauna and cold tub therapy. Studio Flex45 offers a unique blend of low-impact fitness classes and specialized recovery services to help you achieve balance and rejuvenation. Located alongside F45 Training Ventura, Studio Flex45 focuses on providing a calm, supportive environment where you can heal, stretch, and strengthen your body with minimal stress on your joints. Whether you're looking for soothing yoga, revitalizing Pilates, or a restorative session in the infrared sauna or cold plunge recovery room, Studio Flex45 is designed to complement your active lifestyle and enhance your overall wellness.	10% discount off membership or recovery sessions Free 7-day pass (new to Studio Flex45): Use promo code 7FORFREE at <a href="https://studioflex45.com/">https://studioflex45.com/</a>
Underground Performance Gym	2750 E. Main St., Suite 8, Ventura, CA 93003	24-hour access to all cardio/strength equipment Day-use lockers Free wi-fi Free equipment orientation with personal trainer Special services with fees include: personal training, nutrition programs, contest prep, powerlifting, bodybuilding, boxing	Enrollment rate of \$49 on all term memberships Monthly dues vary depending on membership selected (\$39-59)
Ventura Danzar	2640 E. Main St., Ventura, CA 93003	We are a fitness studio dedicated to dance, Zumba fitness, and group fitness. We believe that it's better to work out together. We hoot, holler, and motivate each other at every beat. We have the best floor to move and groove on and a killer sound system to keep your heart pumping. We have weightlifting equipment for those that want to work on increasing strength, mobility, and balance. We are currently providing online and in person sessions. We have large group sessions or small group sessions (6 people max) to help you get to your fitness goals. We also provide one-on-one training and coaching. Sessions are limited, so sign up at our online scheduler for reservations.	No initiation fee 10% off monthly regular memberships and punchcard passes Use promo code VCWELL (all caps) to apply discount at <a href="http://www.venturazumba.com">www.venturazumba.com</a> Discount excludes specialty classes or personal training and transformation program
Yoga Jones	105 S. Oak St., #200, Ventura, CA 93001	All props are provided in studio. Yoga mats are also available.	All yoga and fitness classes: Single class \$18 5 class package \$77 10 class package \$144 20 class package \$252 Monthly unlimited membership \$98  Youth and adult aerial classes: Single class \$32 6 class package \$168