



Wellthy Rewards

2025



Wellthy Rewards is a wellness-focused incentive program offered through the County of Ventura Wellness Program. Eligible County employees can complete various activities approved by the Wellness Program throughout the year to earn points in order to receive cash awards.

Eligibility

Regular County employees who receive a bi-weekly Flexible Credit or Opt-Out Allowance are eligible to earn Wellthy Rewards points and receive cash awards. In addition, you must receive a paycheck on October 31, 2025, to be eligible to receive a cash award.

Participation

- Complete qualifying Wellness Program activities during the program period January 1, 2025, through August 31, 2025, to earn the associated points.
- Various activities will be offered throughout the program period and will be communicated through the Wellness Program emails, monthly email digest, and website.
- There is no formal registration process for participating in Wellthy Rewards. Simply complete Wellthy Rewards activities to earn the associated points. Your points will automatically be tracked, and you will receive bimonthly emails with your points total.

Cash Awards

There are three cash award amounts based on the points status achieved. Cash awards are limited to the first 1300 eligible employees, are considered taxable income, and will be included on the October 31, 2025, paycheck. First-time cash award earners will receive a \$50 bonus added to their award.



The first 300 eligible employees to reach Gold status will receive \$300.
The next 250 eligible employees to reach Gold or Silver status will receive \$200.
The next 550 eligible employees to reach Gold, Silver, or Bronze status will receive \$100.



Look for the Wellthy Rewards logo to know which activities earn you points!

Wellthy Rewards Activities and Points

Not all activities offered by the Wellness Program have associated points for Wellthy Rewards. Activities that count towards Wellthy Rewards will be clearly marked with points values and/or the Wellthy Rewards logo.

Activity	Points
Biometric screening or personal doctor physical (1 per year)	50
Health risk assessment (1 per year)	50
<i>Be Well</i> Million Step March	50
<i>Be Well</i> Two Million Step March	50
<i>Be Well</i> Walk Into the New Year	20
<i>Be Well</i> Resolution Weight Challenge	20
<i>Be Well</i> Team Competition	20
<i>Be Well</i> Golden Sneaker Competition	20
Online health education courses	5 each
Hikes	5 each
Other activities added by the Wellness Program	As marked

Additional Information

- If you are unable to participate in a Wellthy Rewards activity for medical reasons, you may be entitled to a reasonable accommodation or alternative standard. For assistance, please contact the Wellness Program.
- If you believe your points are inaccurate at the conclusion of the program period, there will be an appeals period from September 1, 2025, through September 30, 2025. To submit an appeal, please contact the Wellness Program.

For questions or issues, please contact the Wellness Program
at wellness.program@ventura.org or 805-654-2628